

# Genesis Design

## The Voice of Truth

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## YOU CAN READ IT WITH FRIENDS OR READ IT ON YOUR OWN



Throughout this book you will find symbols to guide you and help you discover the truth on your own or in any kind of group setting. If you are not in a group, simply read and think about the group assignments on your own. Either way, the book is designed to get you thinking about your sexuality and discovering truths to live by.



### **Start**

The chapters are divided into Group Sessions of 30 – 40 minutes. The group leader can set the pace



### **Pay Attention**

Pay particular attention to certain information



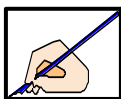
### **Have your say**

Think about this *and* discuss it if you are in a group



### **Consider**

Think about something personally without sharing it with the group unless you want to do so



### **Write**

Do a worksheet or answer some questions



### **Discover**

What we have learnt from a session



### **Memorise**

A Bible verse that you should get to know



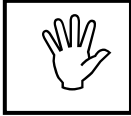
### **Get good advice**

Wise Words from the Word



### **Take Action**

Do something. Act on what you have learnt



**Finish.** A logical place to end a group session



**In-depth explanation**

## INTRODUCTION

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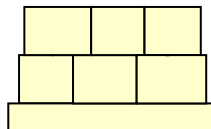
### Do you have the right kind of Foundation?

All over the world people build the kinds of houses that will protect them from the challenges of their specific environments.



In Japan houses are built to survive earthquakes and, in the Caribbean, to stand strong in hurricanes. Africans in the tropics build houses to keep cool and dry. Europeans build to keep warm and dry. Where space is limited, buildings in cities have many levels reaching great heights.

**Each of these buildings must have the right kind of foundation** so that can stand strong in storms or earthquakes, sun, wind and rain. Without a strong, firm and sure foundation it would crack and crumble and fall. Not a very safe place to live!



**My father used to work the night shift.** When he came home from work it was the early hours of the morning. It was still dark, and we were all asleep. He would creep in quietly, trying not to wake anybody.

When my dad got into his bedroom early one morning, he was putting on his pyjamas when he saw a snake at the open window. It was swaying back and forth as if trying to get into the window.

He got a big fright and immediately stepped into action. He grabbed a wooden hanger and started to beat at the snake with it. My mother awoke. He said, "Stay back! There's a snake and I'm trying to smack its head with this hanger." My mother began to laugh. She said, "That's not a snake! It's my stockings. I hung them in the window to dry in the wind after I washed them."

My father also started laughing. "What a relief! I thought it was a snake and I was so scared! I was actually attacking a harmless stocking thinking I was a hero! Ha, Ha! I was wrong!"

You behave according to what you believe about sex and marriage, whether it is true or not. Like my father trying to kill a stocking, your behaviour can be quite useless and meaningless if you believe something which is not true

## YOUR LIFE Is Like A HOUSE

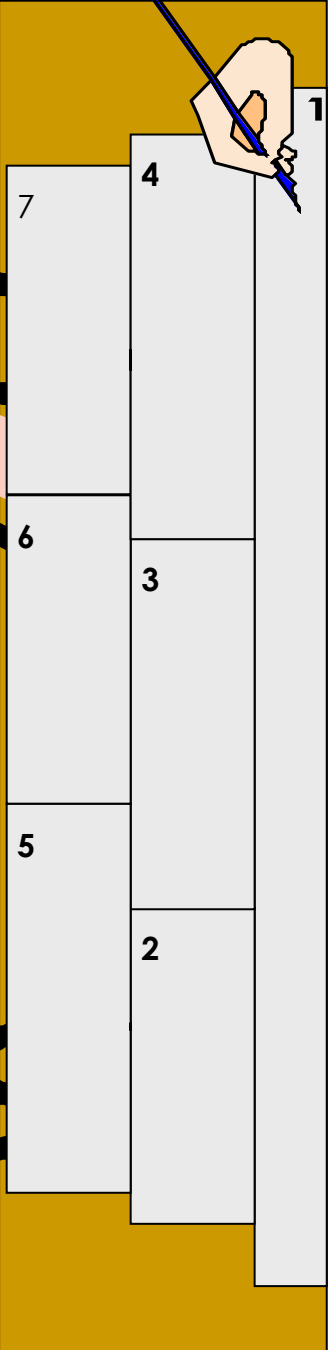
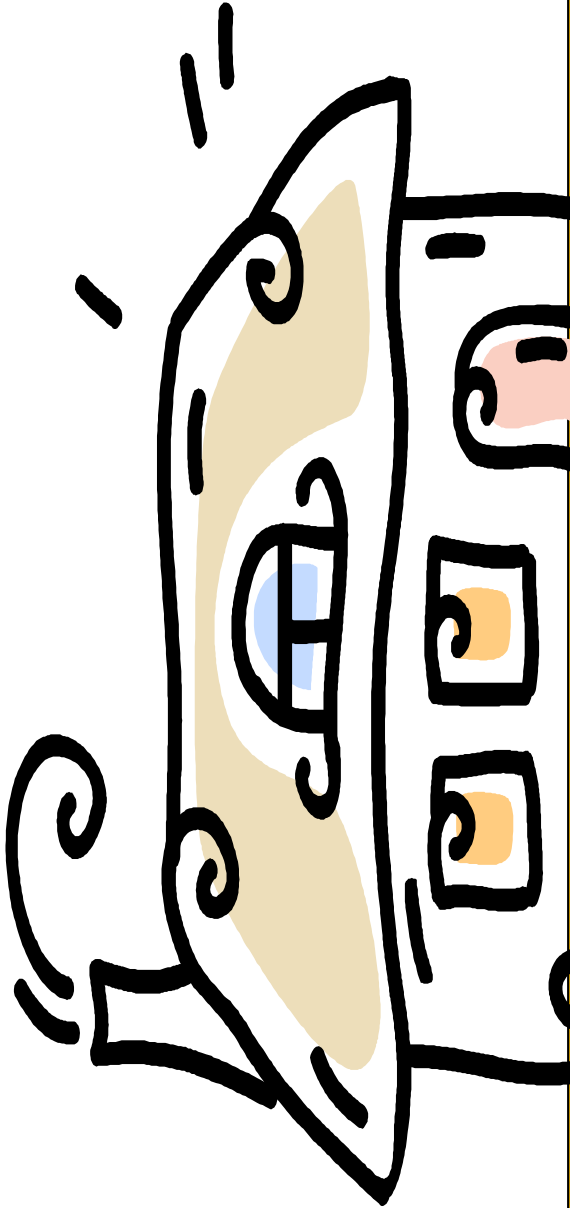
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As you grow up you develop certain ideas and beliefs about being male or female; about your sexuality; romantic relationships; marriage and family. Your behaviour is based on a foundation of what you believe is true about these things. Do you base your behaviour and choices on the right kind of foundation? Do you know how to express your sexuality and conduct your relationships confidently so that your body and soul are safe and secure in your LifeHouse? Does your foundation hold you safely or do you feel unsure and unprotected?

**The best way to** find out what exactly what *kind* of foundation you need for a safe LifeHouse **is to examine what kind of “environment” we live in:** so, you can start to build a LifeHouse on 7 strong and sure foundation stones, one stone at a time . . .

# LifeHouse





## CHAPTER 1

### THE VOICE OF TRUTH

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**Your gender\* and your sexuality are very closely connected to your life and to your very existence.**



Your own life is a continuation of the life of the man and the woman who are your parents. Generations are connected by sex. Sex is a vital part of who you are as a person and how you have been designed as male or a female. Sexuality and gender roles play a very big role in attraction between young men and young women and their romantic relationships.

★ *Gender: being male or female, boy or girl, man or woman*

#### **What's Your Story?**

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Each of us has a story to tell about how we came to know about and perhaps experience sex and relationships with the opposite sex. This is my story . . .

When I was about nine, my friend and I went up the street to play at another girl's house.

She said: **“Do you know where babies come from?”**

We replied: “Of course we do – from the hospital.”

“Oh no, they don't! I have something to tell you.”

She then proceeded to describe sexual intercourse as the way that babies are really made. I was horrified.

Later as we walked home, I told my friend: “She's lying. My mother and father would never do a thing like that!” But somehow, I knew that it was true. Then I got to thinking: Our neighbours on the left had 2 children. Our neighbours on the right had 4. My parents had 6. That meant that my parents had done this terrible thing 6 times! I thought they were among the worst people on the street.

**BUT** soon I grew up and became very attracted to boys and they to me. I must admit I was quite confused by it all. My first experiences of relationships were very uncomfortable. I did not know what to do. It was accepted that if a boy liked you or asked you to be his girlfriend, he could touch you and kiss you, as long as you did not get naked or too intimate or have sex. It was accepted as part of being “in love”. I just followed their behaviour.