

Booklet 2: # 5-8 2

# In Depth



## Bible Studies for Genesis Design Disciples



NAME: \_\_\_\_\_

## ACKNOWLEDGEMENTS

Genesis Design Organisation has tried to be as diligent as possible in crediting sources used in this publication. We gratefully acknowledge the work of others whom we have learned from and leaned on their expertise to accomplish this publication. Please contact Genesis Design Organisation if you have any questions.

Elsie Maree wrote the original 12 Bible Studies for the discipleship follow-up department of Youth for Christ Reefland in South Africa. Sylvia Holtzhausen reworked and expanded the originals for the ministry of Youth for Christ Namibia. In Depth is now a successful tool helping thousands of people all over the world to be disciples of the Lord Jesus Christ through the study and knowledge of the Word of God.

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It consists of three booklets, each containing four studies.

Main Editor and Author: Sylvia Holtzhausen Cover Design, Layout and Illustrations: Michael Sevelen and Tobias Tjombe Et al.

We are grateful for the guidance of the Holy Spirit in the development and publication of this resource. We are grateful to GOD'S PEOPLE, who made it possible to cover all the costs to produce this publication.

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## 3. LIVE THE GOOD NEWS

### ACTIONS SPEAK LOUDER THAN WORDS

You must live a life which shows that you have repented (turned away from your sin), otherwise you will be a hypocrite. Show by your lifestyle that you are truly saved from your sin.

#### 1. What are we called in 2 Corinthians 5:20a?

An ambassador represents his government in a foreign country. We are ambassadors for Christ because we represent the God of heaven to people here on earth. This is quite an awesome responsibility.

#### 2. In what five ways can you be an example as a believer?

1 Timothy 4:12

#### 3. What does Jesus command us to do? Matthew 5:16

#### 4. Using Colossians 1:10, what four things should you do?

Live a life \_\_\_\_\_ of the Lord, \_\_\_\_\_ Him in every way bearing in the \_\_\_\_\_ of God.

**KNOW, LIVE and TELL the  
GOOD NEWS that  
CHRIST REDEEMS  
SINFUL MEN**



## YOUR STORY

Read Paul's story about how he met Jesus in **1 Timothy 1:12-17**.

Just as Paul told others his story, so you can tell your friends, family and acquaintances your own story about how Jesus saved you from your sin.

Let's look at how Paul does it in the **book of Acts chapter 22**. He offered to explain his story to them (vs. 1); he used words that people understand (vs. 2) and He identified with the behaviour, attitudes and thoughts of his hearers (vs.3- 5), he then told them how he was changed when he heard the word of truth and what happened to bring him to repent and accept Jesus as his Lord (vs.6-16). When you tell your story, do not brag about how bad you were. Do not give the impression that when you become a Christian, all problems end and do not be critical about other individuals, groups or churches. Remember you are just one beggar telling another beggar where to find bread. Take some time to write down the story of how you found new life in Jesus.

This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the page.

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# WHAT IS genesis design

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*"... at the beginning the Creator 'made them male and female,' and said, 'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.' "*

**Matthew 19: 4-5 (NIV)**

*Know Truth - Recognise Lie*



6. Jesus did not remain in the grave, but He rose from the dead. Why is He able to save completely? Hebrews 7:23-25

\_\_\_\_\_

7. What must people do to be saved from sin?

Acts 2:38 \_\_\_\_\_

John 3:16 \_\_\_\_\_

Have you done these things? \_\_\_\_\_

8. What has happened in your life? 2 Corinthians 5:17

I have become a \_\_\_\_\_ person. The \_\_\_\_\_ is gone, the \_\_\_\_\_ has come.

## 2. TELL THE GOOD NEWS



Imagine you are walking down your street. Suddenly you notice that your neighbour's house is on fire. Would you casually walk by, afraid you would bother them, thinking that they will notice in due time? NO! You would run to their house and do all you could to get them out before it was too late. We can help people who do not know Christ to do something about the danger they are in, just as you would help your friends escape from the fire.



1. What should you always be prepared to do? 1 Peter 3:15

\_\_\_\_\_

2. What ministry has God given us? 2 Corinthians 5:18 & 20

\_\_\_\_\_

3. What appeal do we make to others on Christ's behalf?

Be \_\_\_\_\_ to \_\_\_\_\_

4. What will you have if you are active in sharing your faith? Philemon 1:6

\_\_\_\_\_

\_\_\_\_\_



## WHERE MUST I BE A WITNESS?

**JERUSALEM:** This is where the disciples lived at the time, so - start witnessing about Jesus in your own home, school and workplace. This is your Jerusalem.

**JUDEA:** This was their province/ region – where their own people lived.

**SAMARIA:** This was their neighbouring province. People of another race who they did not really like, lived here.

**THE ENDS OF THE EARTH:** The good news is for ALL nations.

**START IN YOUR JERUSALEM!** God will lead you further.

## HOW CAN I BE A WITNESS?

There are three important parts to being a witness:

- KNOW the Good News
- TELL the Good News
- LIVE the Good News



### 1. KNOW THE GOOD NEWS

Learn the basic content of the gospel message:

1. **What was the good news that the angels announced to the shepherds?**

**Luke 2:11**

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2. **Jesus means “the Lord saves.” Saviour means someone who saves. What did people need to be saved from? Matthew 1:21**

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3. **What is God’s desire for all people? 2 Peter 3:9**

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4. **Why do people need to be saved from their sin?**

**Isaiah 59:2** Sin \_\_\_\_\_ us from God, so that He will not \_\_\_\_\_ us.

**Romans 6:23** The punishment for sin is \_\_\_\_\_

5. **What did Jesus do to save people from sin? \_\_\_\_\_**

**1 Peter 2:24** \_\_\_\_\_

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## GIRLS, BOYS, LOVE, SEX . . .

We all have the desire for intimacy and to be “in love,” to be loved, to feel special, to belong. Some people try to get these things from having sex, but it does not last for very long. We do not get what we really desire.



Instead, we get mothers bringing up their children alone; children suffering from lack of food, clothing and education; youths suffering from lack of love and security; people suffering from sexually transmitted diseases and AIDS. But this is not God’s plan for any of us.

1. **What are God’s plans for you? Jeremiah 29:11**

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God’s plans for you are in His Instruction Manual, the Bible, which will do two things for you:

- Protect you and others from getting damaged by sex, boy/girl relationships and marriage.
- Provide you and others with good from sex, boy/girl relationships and marriage.

Christians and non-Christians are confronted daily with the lies of this world through TV, newspapers, magazines, videos, and misinformation from their TV, newspapers, magazines, videos and misinformation from their friends and elders.

They don’t realise that they are being deceived. It is time to examine the truth. God designed sex therefore we must follow the designer’s instructions. Follow His ways and you will save yourself and others a lot of heartache.

2. **What will God do for you if your delight is to please Him first? Psalm 37:4**

The questions you need to ask yourself are: What pleases God? How must I behave so that I will bring good to myself and others through my sexuality? Let’s find out more about how God has designed us to be together in a sexual relationship.

## SEX HAS VALUE

3. **Read Genesis 1:27 to fill in the missing words:**

So God created man in His own \_\_\_\_\_

\_\_\_\_\_ and \_\_\_\_\_ created He them.

Every human being has value because male and female are made in the image of God.

A man and woman are different in role and function, but they have absolutely no difference in their value as human beings. Every human being is made by sex. If sex makes a new image of the living God, then sex is very good! We must not use God's good gift in a bad way.

4. What did God say to the man and the woman in Genesis 1:28a?

God \_\_\_\_\_ them and said to them:

Be \_\_\_\_\_ and \_\_\_\_\_.

Fill the \_\_\_\_\_ and \_\_\_\_\_ it.

### SEX IS FOR BLESSING (TO BRING GOOD TO ALL)

To be fruitful and multiply, we must have sex. But take note of the condition that God placed on sex: He BLESSED them. God keeps us connected in families and he wants sex to bring blessing (maximum good) to all of us. Sex brings blessing when we have happy homes. A happy home is a place where a faithful husband and a faithful wife are loving and kind to each other. They are a mother and a father who take responsibility for their children to provide for and care for them. They bless each other and bless their children.

### HOW DO WE GET THIS BLESSING?

Study **Genesis 2:7-22** very carefully. God only ever made one adult male and then one adult female. God brought her to the man to see what the man would call her, to see if she would be identified by the man as his suitable helper. God did not just give her to the man; He waited to see what the man would call her.

5. What did the man say. Genesis 2:23



\_\_\_\_\_  
\_\_\_\_\_

In the presence of God, the man recognised the woman as the one who was just right for him and when he named her, he joined his name to her name (WO - MAN). It was the first wedding.

6. God then set the standard for all sexual relationships. Genesis 2:24

For this reason, a man will \_\_\_\_\_ his father and mother and \_\_\_\_\_  
\_\_\_\_\_ to his \_\_\_\_\_ and they will become \_\_\_\_\_

## GOOD NEWS



Jesus came to earth, died, was buried and was raised to life in order to bring salvation to mankind. Because Jesus is no longer physically present on earth, He has given Christians a special job to do. This special job is known as "THE GREAT COMMISSION."

1. What is the commission we have been given? Mark 16:15.

Our message is called the Gospel, which means Good News. God wants you to share it with your friends and families. Jesus said in **Acts 1:8**: "You will be my witnesses."

### WHAT IS A WITNESS?

A witness is someone who tells what they have seen, heard and experienced. You are a witness when you tell others about who Jesus is and what He has done for you.



2. What does John say about being a witness in 1 John 1:1?

\_\_\_\_\_  
\_\_\_\_\_

3. Read Acts 1:8 and then complete the following:

You will receive \_\_\_\_\_ after the \_\_\_\_\_  
has come upon you and you will be my \_\_\_\_\_

When Jesus left the earth, he promised the disciples that they would not be witnesses in their own strength. Who would He send to help them?

Where would they be witnesses?

\_\_\_\_\_  
\_\_\_\_\_

Are you thinking that you cannot be a missionary in a foreign land? Look carefully at where they would be witnesses. . .

Imagine your heart as a house with many different rooms. Each room represents a different area of your life. Check each room in your heart. How much of your life does Jesus really occupy?

### LIVING ROOM

Are the books and magazines you read good for you? Yes / No  
Do you spend too much time watching bad TV, internet, social media . . . Yes / No  
Do you keep Jesus in your thoughts daily? Yes / No

### THE CUPBOARDS

Is there any bad habit, bad attitude or sinful desire which you are hiding away and want to keep? Yes / No  
Yes / No

### WORKSHOP

Do you have any talents or abilities? Yes / No  
Are you practicing and using this ability? Yes / No  
Will you give your talents to God? Yes / No

### THE STUDY ROOM

Do you study the Bible often Yes / No  
Do you regularly spend time with Jesus in prayer? Yes / No

### RECREATION ROOM

Can you include Jesus in all your activities? Yes / No  
Do you obey Jesus when you are with your friends? Yes / No



Look at the places in your heart and the lifestyles that you are keeping for yourself. Start to deal with these things in your life. Write down Proverbs 4:23

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## KEEP YOUR HOUSE CLEAN

1 John 1:9 says, "If we confess our sins, He is faithful and just to forgive us and to cleanse us from all unrighteousness." As you live together with Jesus, He will show you some places in your house which need to be cleaned and some rooms which you have locked so that He cannot go in. By reading His Word and obeying His commands, your house will stay clean and you will have constant fellowship with Jesus.



**Let Jesus shine the light of His Word into your heart.  
Obey Him, so that your house will stay clean!**

Before a man and woman become one flesh, two things must be in place. In God's order, sex comes after he has become independent of his parents and has been joined to his wife.

In Greek, the original language of the New Testament, there are three words used for three kinds of love: EROS, PHILEOS and AGAPE. Love between a man and a woman needs all three kinds of love. All of them are found in God's instruction to us about marriage in **Genesis 2:24**.

### Leaving is the wedding

At a wedding ceremony, the man gives his name to the woman and the woman takes his name. This is what makes people married. This is like "AGAPE" love which is unconditional love. To love like this means to be faithful to the one whose name you share, no matter what. **A wedding is a one-time commitment.** It is leaving your original family to cleave to another person. God wants marriage to be a lifetime of keeping that commitment.



### Cleaving is love in action

Cleaving to each other is practicing the commitment that you made on the wedding day. This is like PHILEOS love, the kind of love we show to all our fellow human beings because we respect them. It is treating the other person the way you would like to be treated. **Marriage is so much more than just the wedding.** God wants a couple to show their respect for each other by putting the characteristics of love, found in **1 Corinthians 13:4 – 6**, into practice.

**Love is patient, love is kind, love is not jealous, love does not boast. Love is not rude, not proud, not self-seeking, not easily angered. Love does not keep a record of wrongs. Love does not delight in evil, but love rejoices with the truth. Love always protects, always trusts, always hopes and never gives up.**

**One flesh is sex.** "EROS" is the desire and attraction which draws two people of the opposite sex together. Erotic/sexual love is a good and necessary part of marriage. God designed a man and a woman so that they would enjoy the pleasure of becoming one flesh. **Sex is only one third of the love between a man and a woman. Eros without respect and without trust is NOT true love.**

## GOOD NEWS

"Do not awaken love until the time is right." **Song of Songs 3:5b.** The time to start a relationship with a member of the opposite sex is:

- You have reached manhood and womanhood when
- Ready to be independent of your parents
- Are committed to each other for life

You may become sexually intimate (one flesh) only when you have married that person in a public and legal ceremony. This is God's standard and this will bring blessing.

Young people are under too much pressure to have boyfriend/girlfriend relationships and have sex with each other as this is not God's way. This is good news. You are not obliged to have a boyfriend or girlfriend. You do not need to have sex.

## 7. Read Hebrews 13:4:

What should be honoured by all? \_\_\_\_\_

What is God's command about sex (the marriage bed)?

\_\_\_\_\_

\_\_\_\_\_

Who is responsible for keeping sex pure? \_\_\_\_\_

Who will God punish? \_\_\_\_\_

### Adultery

Is sex with someone who is married to someone else.

### Sexual Immorality

Refers to the all sexual activity outside of the one-man-with-one-woman-marriage relationship. It includes: sex before marriage, adultery, homosexual acts, prostitution, incest (sex between family members), rape, lust, bestiality (sex between a human and an animal) and obscene speech.

Read about it in **Leviticus 18 and 20**. God is not against friendships between boys and girls, but He is against **ANY** sexual intimacy between a boy and girl or between a man and woman who are not married to each other.

### Pure sex

**Is having sex only with your marriage partner.** Pure sex is to keep your heart and soul and mind for only that one person. God absolutely approves of pure sex in marriage. You are commanded to keep sex pure. If you do not, God will judge you.

## WHO MAY I HAVE A RELATIONSHIP WITH?

### 8. Read 2 Corinthians 6:14-16. You will find the following:

What kind of person should you choose to fall in love with?

\_\_\_\_\_

\_\_\_\_\_



Give a good reason why God wants you to choose a believer?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

And then one day Jesus said, "Penda, you need to open this door so that I can come in." "No!" cried Penda. "I'm ashamed of my friends. They are bad, but I'm afraid of losing them."

But Jesus said, "My son, if sinners entice you, do not give in to them. Do not set foot on their paths. A righteous man is careful in friendship, but the way of the wicked leads them astray. Do not join in with those who drink much wine. Do not join in with the rebellious. Don't enter into partnership with unbelievers for what do people of God have to do with people of sin?"

**Proverbs 1:10-16; 12:26; 23:20; 24:22; 2 Corinthians 6:14**

And so, Penda obeyed God's Word and unlocked the door. He introduced his friends to Jesus. Some left, but some even asked Jesus to come and clean their hearts! Penda learnt that "a man of many companions may come to ruin, but there is a friend who sticks closer than a brother." **Proverbs 18:24**



And then one day Jesus said: "Penda, here is a cupboard which is so dirty. Let's clean it out." Penda got a fright! He did not want Jesus to look in this cupboard. In this cupboard, he kept the hate that he had been storing in his heart for his uncle John. Uncle John had beaten and mistreated Penda as a child. Penda hated him and because of this, he felt angry and troubled. "No!" He cried: "I was so deeply hurt by Uncle John. I won't throw away my hate for him. He deserves my hate."

But Jesus said: "Love your enemies and pray for those who persecute you. Get rid of all rage, bitterness and anger. Be kind and compassionate, forgiving each other, just as God forgave you." **Matthew 5:44; Ephesians 4:31-32**

Penda listened to Jesus and decided to forgive his uncle and let go of his anger. The peace of God flooded his soul. Again, he could pray: "Forgive me my trespasses as I forgive those who trespass against me." **Matthew 6:12**

## IF YOUR HEART WERE A HOUSE, WOULD JESUS BE WELCOME IN EVERY ROOM

Jesus says: "Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will go in and eat with him and he with me." **Revelation 3:20** When you open the door of your heart, Jesus doesn't look in and say: "Oh no! First clean up your house," and go away. He comes in and cleans up all the mess and the dirty corners of sin. **Isaiah 1:18** says that He makes you as white as snow. If your house gets dirty again, Jesus doesn't leave, but He does not feel comfortable there.



It is sin that makes your house dirty. Just as we must sweep and clean our house daily, so you must give your heart a daily sweep and dust: by confessing your sins and asking Jesus to forgive you.

## EXAMINE YOUR LIFE . . .

We often allow other things to become more important to us than our love for the Lord and others. Put the Lord first in every area of your life. Let Him be in control of everything. Check the list below. Which areas of your life do you still need to submit to Him?

**friends pleasure unforgiving spirit possessions money alcohol fear drugs sex family school jealousy gossip work sport food**

### 7. Read Philippians 2:10-11 and complete the following:

At the name of \_\_\_\_\_ every \_\_\_\_\_ shall \_\_\_\_\_

and every \_\_\_\_\_ shall confess that \_\_\_\_\_

is \_\_\_\_\_ to the glory of the \_\_\_\_\_

**Jesus is Lord whether you obey Him or not.** No matter how you live now, there will come a day when every knee **will** bow to Him. Live your life in submission to Him now while there is time to choose. Obey Him by living according to His Word. One day when you stand before Him, it may be too late to choose.

### 8. What will Jesus say to those who did not do the will of His Father? Matthew 7:21-23

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We constantly face the struggle of who is going to be in charge of our lives: God or Self. **CONTINUALLY** allow Him to be in control of all you think, say and do.

**GIVE ALL THAT YOU KNOW OF YOURSELF TO ALL YOU KNOW OF HIM!**

## PENDA'S HEART – CHRIST'S HOME



When Penda heard Jesus knocking at the door of his heart, he opened the door and Jesus came in. He became a new person. Jesus forgave his sins and they had fellowship together, talking and being friends.

But there was one room which Penda kept locked. It was the room where he entertained friends who did not know Jesus.

They influenced Penda to swear, drink and do bad things. Penda felt guilty because he knew that this did not please the Lord. So, he kept the door locked.

**IT IS NOT OKAY TO CHOOSE A NON-CHRISTIAN** as a life partner or to have a special so-called girlfriend/boyfriend relationship with him/her if you are a Christian.

## HOW SHOULD I HANDLE MY SEXUAL DESIRE?

We all have a desire for sex and a desire for true intimacy with one person from the opposite sex, but God has placed a limit on your sexual desire and that limit is leaving your original family (committing to one person for life in a public and legal wedding) and cleaving (practicing the commitment by behaving in a loving and kind way to that person).

Sex is **not** made for love.

Sex is **made** for marriage.

And **marriage** is made for love.



Your body is designed in a way so that sex with your spouse can be a wonderful and very enjoyable experience. This is why here should be absolutely no sexual touching or behaviour that leads to sexual arousal before you are married.

When you are engaged to be married, you can show **PHYSICAL affection** for each other with hugs, being close, holding hands and short kisses. But do not be physically **intimate** by kissing and being close in a way that leads to sexual arousal and sex.

### 9. Carefully study 1 Thessalonians 4:1- 8 and find the answers:

a) Who should I please in my everyday lifestyle? Verse 1 \_\_\_\_\_

b) Whose instructions are given in these verses? Verse 2 \_\_\_\_\_

c) If you reject these instructions, who are you rejecting? Verse 8 \_\_\_\_\_

Verse 3 says that it is God's will for you to be "sanctified." This means that you are **set apart** for God to serve Him. Sanctification includes two important aspects of your sexuality. From verses 3 and 4, complete these sentences:

d) You should avoid \_\_\_\_\_

e) You should learn to \_\_\_\_\_

f) In a way that is \_\_\_\_\_ and \_\_\_\_\_

Sexual desire can be controlled and it must be controlled. You do not need to satisfy your desire for sex, but you do need to learn to control it. We conduct our sexuality in a "holy and honourable" way when we control ourselves and keep sex for only one other person in marriage.



g) How do those who don't know God handle their sexuality? Verse 5

\_\_\_\_\_

h) What does God call you to? Verse 7

\_\_\_\_\_

i) What does God NOT call you to? Verse 7

You behave in "passionate lust" when you look for sexual satisfaction outside the marriage relationship and when you just use another person, another act (like masturbating or fantasising) or object (like pornography) for your own sexual satisfaction.

j) What 2 things do you do to your brother/sister when you behave in passionate lust?

Verse 6a

\_\_\_\_\_

k) What will happen to you if you do this?

Verse 6b

\_\_\_\_\_

## WHY SHOULD I CONTROL MY SEX DESIRE?

### 10. We are told to run away from sexual immorality.

Find four reasons why you should not sin sexually. **1 Corinthians 6:18-20**

a) I am not my

b) I was \_\_\_\_\_ with a

c) Sexual sin is \_\_\_\_\_ against my own

d) My body is the \_\_\_\_\_ of the

## REPLACE OLD WAYS WITH NEW WAYS

### 11. What needs to be renewed so that you will change? Romans 12:2

\_\_\_\_\_

### 12. Read 2 Timothy 2:22.

When you run away from evil, what should you pursue? Pursue means to run towards something/chase it.)

\_\_\_\_\_

\_\_\_\_\_

## WHAT IS GOD'S WILL FOR MY LIFE?



Many young people are asking this question and looking for a dream or vision or prophet to tell them the answer. The Good News is that to find out God's will for your life today. You don't need a dream, a vision or a prophet, because God wrote you a letter to tell you what to do!

The only time in the Bible that we read of God actually writing something with his own hand for us is the **TEN COMMANDMENTS**. He also actually spoke them to the people – they heard the voice of the Almighty God! If you do not do these things then you are not doing the will of God.

The first four commandments are about loving God and the last six commandments relate to loving your neighbour.

Examine your life and ask yourself: "Am I doing the will of the Father?"

Love God with all your heart, soul and mind. Love is not just a nice feeling. It means to always please God before you please yourself. You show it by your actions. Here are some things you can do today and you can be sure you are doing His will.

- **Worship God only.** Nothing should be more important to you than pleasing God and obeying Him.
- **Never ever use His Name lightly.** This means not to say "My God!" in your normal conversation. His Name is the Name above all Names. Have great respect and honour when His name is on your lips.
- **Rest one day out of every 7.** When you are resting, **remember God** and your redemption. Do all your **work** in six days. Don't be lazy, plan well and save your rest for the **Sabbath** day.
- **Be honest.** Do not lie. Do not steal. There is never any excuse for lying or stealing. You cannot be a whole person if you steal and lie.
- **Be pure sexually.** If you are not married, you have no sexual rights over anybody.
- **Be content with what you have.** Don't look at what others have and say "It's not fair," or "I must also have what they have," or "What about me?" Be thankful for what you have.
- **Honour your father and your mother.** Be a good son or daughter to your parents. Respect their authority and do things to show that you honour them.
- **Protect the value of all human life.** Remember everybody is a person made in the image of God.

6. Why does God give us rules to live by? Deuteronomy 10:13

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## B. THE NEW TESTAMENT

God demands that we submit to Him for the same reason: We have been redeemed from slavery. We have been redeemed from slavery to sin and its wage of death.

1. Why can we say that God owns us? 1 Corinthians 6:20

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2. What did it cost Him to redeem us/buy us back? 1 Peter 1:18 and 19

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3. Jesus was crucified but He rose again. Acts 2:36 says:

God has made Jesus both \_\_\_\_\_ and \_\_\_\_\_

4. How should you respond to this? Romans 10:9

a) Confess with my mouth that \_\_\_\_\_

b) Believe in my heart that \_\_\_\_\_

5. What is more important than to only call Jesus Lord? Matthew 7:21

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6. The Lord has clearly stated His will for us in His Word:

a) What is the greatest commandment? Mark 12:30

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b) What is the second greatest commandment? Mark 12:31

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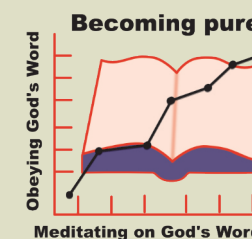
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13. Read Titus 2:11-12. Now that God has forgiven your sin, what should you give up and say "no" to?

Verse 12 says we should: \_\_\_\_\_

The more you **Meditate** on  
**GOD'S WORD**  
The More You grow in purity of  
**Body Mind Spirit**



## APPLY GOD'S HIGH STANDARD TO YOUR LIFE

Sexual purity also means purifying your mind.

14. What did Jesus say about adultery in Matthew 5:28?

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## SOME PRACTICAL ADVICE

If you have sinned sexually, there is forgiveness in Christ. Turn from your past ways. From now on be faithful to the person you will marry, even if you have never met.

1. **Clearly decide to keep yourself for your marriage partner.** Do not be half-hearted. Believe the truth and commit yourself to the truth. Don't let anybody weaken your resolve. You are under no obligation to have sex with anybody. Don't allow anyone to misuse you. Respect your body and expect respect from others. **YOU ARE WORTH WAITING FOR.**
2. **Discuss your decision with anyone who wants a relationship with you.** State very clearly that you are not interested in an intimate physical relationship. If he/she does not accept this and tries to change your mind, do not pursue that relationship. This person is more interested in satisfying their desire for a sexual relationship than in you as a person, or they wrongly believe that being boyfriend and girlfriend means you can or must have sex.
3. **Avoid temptation.** The wrong place, the wrong time, the wrong companions, the wrong internet and social media can quickly dissolve your decision to be pure. Stay away from situations where it is easy to become involved in sex.
4. **Avoid alcohol and other drugs.** These diminish good judgment and take away your ability to act responsibly.



## WHAT IF IT IS TOO LATE TO KEEP MYSELF?

It is never too late because God has made a way for you to find forgiveness and start over again.

- Confess the sin and your past and present sexual activity. Confess your lust and impurity. **Isaiah 1:18, 1 John 1:9.**

Turn away from your sin. Stop having sex immediately and break off your relationship with your present partner. **John 8:1-11.**

- Resolve to keep sex for and until marriage. Do not have a dating relationship with anybody for at least a year or two. This will give you time to renew your mind through the Word of God. Ask God for grace and strength. He will help you. **1 Corinthians 10:13.**
- Find a group or person to encourage and help you as you move forward.



*Much of the content of this In Depth has  
been adapted from the Genesis Design curriculum  
based on 7 Truth Foundations about  
manhood|womanhood|sexuality|marriage.*

### 1. Read Genesis 18:18 and 19 and complete the following:

Abraham became the father of the nation of the Israelites and all

\_\_\_\_\_ would be \_\_\_\_\_ through him.

What did he have to do? \_\_\_\_\_

\_\_\_\_\_

### 2. Read Isaiah 43:12.

What did God do for his people? \_\_\_\_\_

What did they have to tell to the nations? \_\_\_\_\_

\_\_\_\_\_

The mighty things which God did for the people assured them of His presence and power. The greatest event in their history was when God redeemed them from slavery in Egypt. He brought them back when He defeated the Egyptians at the Red Sea.

The Israelites were a weak and enslaved people, while the Egyptians were a mighty nation. This was a supernatural miracle.

### 3. Who is the Lord, our God? Deuteronomy 10:17 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### 4. Read Numbers 15:40 & 41 and answer the following:

a) What did God do for the Israelites? Verse 41 \_\_\_\_\_

\_\_\_\_\_

b) How were they to respond? Verse 40 \_\_\_\_\_

\_\_\_\_\_

In **Exodus 20:2-17**, we find the Ten Commandments. God expected His people to live according to His instructions because they belonged to Him.

### 5. What does God say about the Israelites in Leviticus 25:55?

\_\_\_\_\_

\_\_\_\_\_

## WHO IS IN CHARGE?

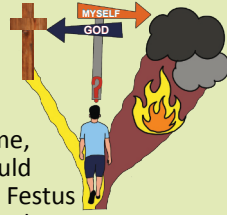
### The manufacturer knows best!

When Mr. Hangala brought a new decoder and playstation home, his children, Festus and Maria were very excited. Now they could record the World Cup Final for their uncle who was in hospital. Festus and Maria decided to set-up recorder and started to fiddle with the buttons and knobs. Every time they tried to record, all that appeared on the screen were stripes and dots. They started to argue about how to do it.



Mr. Hangala came in and pointed out that they had not consulted the manufacturer's manual which the factory had supplied with the machine. He took the manual and tried to follow the instructions. But the children had damaged the delicate machine.

The next day he had to take it back to the factory where they repaired the damage and showed him how to set it up correctly. It cost a lot of money and the children had to work to pay for it.



## 1. WE BELONG TO GOD: HE MADE US

The Hangala family could choose whether to obey the manufacturer of the decoder and playstation or not. You can choose to obey God or not to obey Him.

Disobedience carries a severe penalty. Broken machines or a broken useless life. We are just like Festus and Maria. We want to do things our own way and we sometimes end up making a mess of our lives. Then we think if we read the Bible and pray, things will get better.

But they do not. Instead, we must take our broken lives back to the One who know how to fix them.

He paid the penalty for the damage we have done!

Why should we follow God's commands? **Psalm 119:73**

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*(To redeem means: "to buy back," "to pay the penalty.")*

## 2. WE BELONG TO GOD: HE REDEEMED US

### A. THE OLD TESTAMENT BACKGROUND

God chose to reveal Himself to the Israelites so that they could be His witnesses to all people. All nations (including us) would be blessed through the Israelites.

## A HAPPY HOME

A happy home is the kind of family life that we would all like to have. Unfortunately for many people these days, home life is definitely not happy.



Parents are divorcing in increasing numbers which is resulting in many one-parent families. Many children no longer have a single home but travel back and forth between many homes – including school hostels. Many children have never known their fathers and their unmarried mothers have to struggle alone or they have boyfriends who beat them and do not support the children.

Even when a family stays together under one roof, there is often disunity, arguing, rebellion, lack of love, mistrust and selfishness. The family is a "building block of society." One of the reasons we see increasing problems in our society is that the bricks holding it together are crumbling as the family falls apart.

### 1. What do you think causes a family to break down?

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## YOU CAN MAKE A DIFFERENCE

Your particular family may be great or it may be terrible. You may all live together or be separated for any number of reasons. **Whatever the case, God has placed you in your family for a reason. You can make a difference in your family.**

### 2. If you are a believer, how should you act at home? 1 Timothy 4:12

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### 3. How does God want family members to behave toward each other? In Colossians 3:18-21, what instructions are given to:

- a) Wives \_\_\_\_\_
- b) Husbands \_\_\_\_\_
- c) Children \_\_\_\_\_



"My dad always makes me frustrated!"  
"My mom does not submit to my dad."  
"My dad is not kind to my mom."

But wait a minute! The Bible tells us to look at the log in our own eye before looking at the speck in others. So, in other words, do not complain about what is wrong with your family. **First look at yourself.**

Since you are probably in the role of a child, let us look at your responsibilities further.

4. Give two reasons why children should obey their parents. Ephesians 6:1-3

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5. What kind of attitude do you think children should have when being obedient?

- ☐ Angry      ☐ Rude      ☐ Respectful

**WHAT WOULD JESUS DO?**

Whether your family members are Christians or not, God has a special job for you to do. He wants you to respond to each other with the same attitude that Jesus would have. This is not easy! The hardest place to live out your relationship with Christ is at home. But if you take your relationship with Him seriously, there is no place more important to show it than at home.



6. What attitude should you have toward family members? Write out.

Philippians 2:3 & 4 \_\_\_\_\_

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7. Read Colossians 3:12-17

a) What attitude should you have? Verse 12

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b) What should you do if you have a complaint against someone in your family?

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c) Why should you forgive? Verse 13b \_\_\_\_\_

d) What should be noticeable above all? Verse 14 \_\_\_\_\_

6. What can you do to improve on your weak points?

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7. Tick one idea, which you will commit to do in the next two days. Colossians 3:12-17

- a) Write a letter of appreciation to my parents.  
b) Clean my room/the yard.  
c) Cook the family meal.  
d) Other

**Important note**

If there is or has been physical, mental or sexual abuse in your home and you need help, please talk to someone you can trust, like your Genesis Design club leader, staff member or teacher.

Remember: No matter how hard things are, you have a true and loving Father in God. "The eternal God is your refuge and underneath are the everlasting arms."  
**Deuteronomy 33:27**

3. What are some of the good points of your relationship with your family?

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4. What can you do to help to improve your relationships?

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5. Rate yourself in the following areas on a scale from 1 to 5.  
1-2: poor; 3: average; 4: better than average; 5: good.

I am patient with my parents' weaknesses	1	2	3	4	5
I apologise to my family when I hurt them	1	2	3	4	5
I place my trust in God when my parents are wrong	1	2	3	4	5
I do more than my parents ask of me	1	2	3	4	5
I ask my parents for their advice	1	2	3	4	5
I thank my parents for all they do for me	1	2	3	4	5
I obey my parents in all things	1	2	3	4	5
I pray for my parents	1	2	3	4	5
I show my parents that I love them	1	2	3	4	5
I tell my parents that I love them	1	2	3	4	5
I try to see things from my parents' point of view	1	2	3	4	5
I live the kind of life my parents can be proud of	1	2	3	4	5

With God's strength and power working in you through the Holy Spirit you can do these things. Ask Him to help you to live as you should at home.

8. What does Ephesians 3:20 tell us that He is able to do?

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## WALK THE TALK

You cannot tell your family about how wonderful it is to be a Christian if you behave badly toward them. Your family needs to know about Jesus and they need to see Jesus in you. They may criticise you a lot.

**So, here are some tips:**

**Don't blame others** when you behave badly. You are responsible before God for your own behaviour.

**Always admit** to them when you have behaved badly, been rude or ungrateful, disobedient or lazy.

**Apologise.** Say sorry to them, and really mean it!

**Constantly improve** your behaviour toward all your family members.

9. Read Romans 12:9-21. Are the following statements true or false?

I should always choose the best seat at the TV for myself and fight if I don't get it.

If my sister swears at me, I should also swear at her. ☐ TRUE ☐ FALSE

If my father asks for a cup of tea, I should complain that ☐ TRUE ☐ FALSE

I always have to do everything for him. ☐ TRUE ☐ FALSE

I should be a peacemaker by doing what is right even if others do wrong. ☐ TRUE ☐ FALSE

10. Read 1 Peter 2:23-25. Jesus never sinned or deceived anybody, but He suffered even though he did right. What did Jesus NOT do when he was insulted and suffered?

Verse 23a \_\_\_\_\_

\_\_\_\_\_

What did Jesus DO instead? Verse 23b \_\_\_\_\_

\_\_\_\_\_

11. What should you do when you suffer according to God's will?

1 Peter 4:19 \_\_\_\_\_

12. What does God promise if your parents/guardians reject you?

Psalm 27:10 \_\_\_\_\_

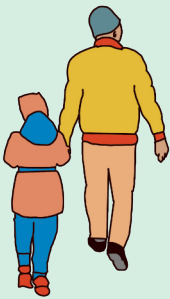
Psalm 68:5 \_\_\_\_\_

**DO NOT ASK:** "Is everyone in my family behaving correctly toward me?"

**RATHER ASK YOURSELF:** "Am I behaving correctly toward my family?"

**WHAT'S IT LIKE AT YOUR HOUSE?**

Describe your family life in words or a picture.



**TEST YOURSELF**

Read **Philippians 2:3-8** and test yourself against the standard set by Jesus. Look at the practical issues. Many people do not live with their parents but have other family members as guardians. You should live with your guardians as if they were your parents because they have taken responsibility for you.



1. How would you rate your relationship with your parents/guardians?

Circle the appropriate number: 1-2 poor 3 average 4-5 good

1      2      3      4      5

2. What are some of the problems in your relationship with your family members?

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